



# Central Español

## Report

## Team Report

### Date

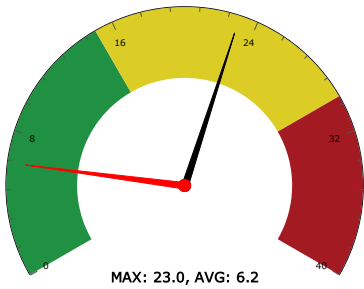
19-06-2026

### Sessions

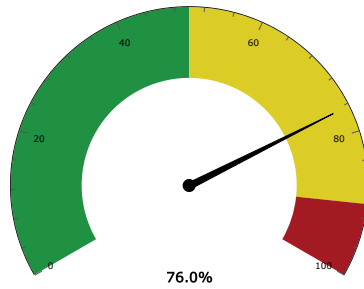
| Session          | Start Date | End Date | Match Day | Players |
|------------------|------------|----------|-----------|---------|
| Adaptacion dia 3 | 09:21:47   | 10:17:14 |           | 11      |

| Name                                                                                      | Duration | Dist                       | PL                                                                                   | HIA                          | HSR                       | MaxSp | MaxAcc | Acc&Dec                   | HSR + Sprint | RPE  |
|-------------------------------------------------------------------------------------------|----------|----------------------------|--------------------------------------------------------------------------------------|------------------------------|---------------------------|-------|--------|---------------------------|--------------|------|
| FIELD PLAYER<br>Tactical                                                                  | 41       | 3833.12                    | 53.21                                                                                | 311.73                       | 212.35                    | 23.00 | 5.52   | 308.27                    | 8.09         | 0.00 |
| DEFENSA                                                                                   | 42       | 3921.77                    | 50.19                                                                                | 319.25                       | 249.38                    | 23.19 | 5.59   | 316.75                    | 8.75         | 0.00 |
|  Dupont   | 42       | <div><div>3844</div></div> | 50                                                                                   | <div><div>355.00</div></div> | <div><div>288</div></div> | 23.3  | ↑ 5.17 | <div><div>353</div></div> | 9            | 0    |
|  Lucho    | 41       | <div><div>4494</div></div> | 49                                                                                   | <div><div>293.00</div></div> | <div><div>329</div></div> | 24.0  | ↑ 6.81 | <div><div>290</div></div> | 10           | 0    |
|  Nacho R  | 42       | <div><div>3383</div></div> | 40                                                                                   | <div><div>251.00</div></div> | <div><div>127</div></div> | 22.5  | ↑ 5.13 | <div><div>250</div></div> | 6            | 0    |
|  Villoldo | 42       | <div><div>3965</div></div> |  61 | <div><div>378.00</div></div> | <div><div>252</div></div> | 23.0  | ↑ 5.25 | <div><div>374</div></div> | 10           | 0    |
| DELANTERO                                                                                 | 41       | 3723.46                    | 55.25                                                                                | 304.80                       | 187.44                    | 22.70 | 5.59   | 301.80                    | 7.80         | 0.00 |
|  Aguilera | 42       | <div><div>3694</div></div> |  59 | <div><div>280.00</div></div> | <div><div>187</div></div> | 22.3  | ↑ 5.45 | <div><div>274</div></div> | 8            | 0    |
|  Camarda  | 42       | <div><div>3959</div></div> |  59 | <div><div>307.00</div></div> | <div><div>54</div></div>  | 22.8  | ↑ 6.64 | <div><div>305</div></div> | 3            | 0    |
|  Sequeira | 42       | <div><div>3789</div></div> | 55                                                                                   | <div><div>312.00</div></div> | <div><div>354</div></div> | 23.9  | ↑ 5.08 | <div><div>308</div></div> | 11           | 0    |
|  Sosa     | 38       | <div><div>3560</div></div> | 44                                                                                   | <div><div>268.00</div></div> | <div><div>131</div></div> | 21.8  | ↑ 5.24 | <div><div>268</div></div> | 6            | 0    |
|  Yocco    | 42       | <div><div>3616</div></div> |  58 | <div><div>357.00</div></div> | <div><div>211</div></div> | 22.7  | ↑ 5.55 | <div><div>354</div></div> | 11           | 0    |
| MEDIOCAMPISTA                                                                             | 42       | 3929.99                    | 54.14                                                                                | 314.00                       | 200.55                    | 23.37 | 5.23   | 307.50                    | 7.50         | 0.00 |
|  Gandolfo | 42       | <div><div>3646</div></div> | 53                                                                                   | <div><div>250.00</div></div> | <div><div>35</div></div>  | 21.5  | ↑ 4.84 | <div><div>245</div></div> | 2            | 0    |
|  Pino     | 42       | <div><div>4214</div></div> |  56 | <div><div>378.00</div></div> | <div><div>366</div></div> | 25.3  | ↑ 5.62 | <div><div>370</div></div> | 13           | 0    |

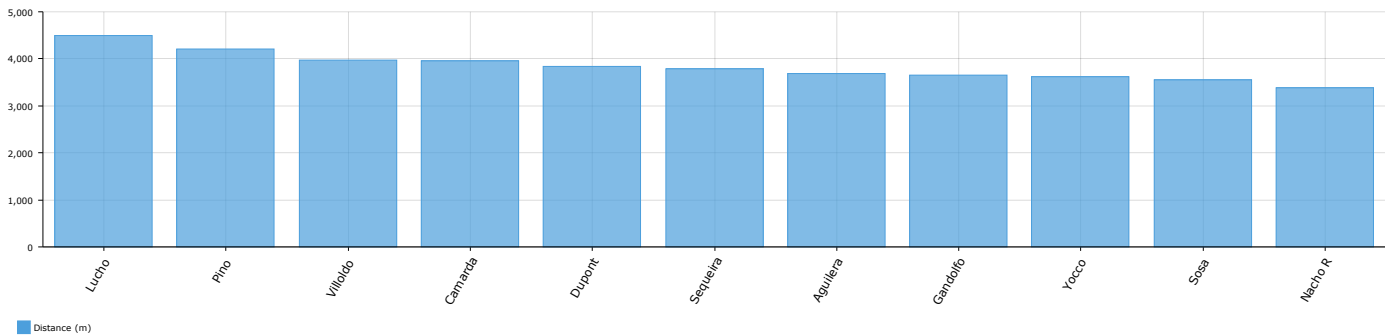
Max And AVG Speed (Km/H)



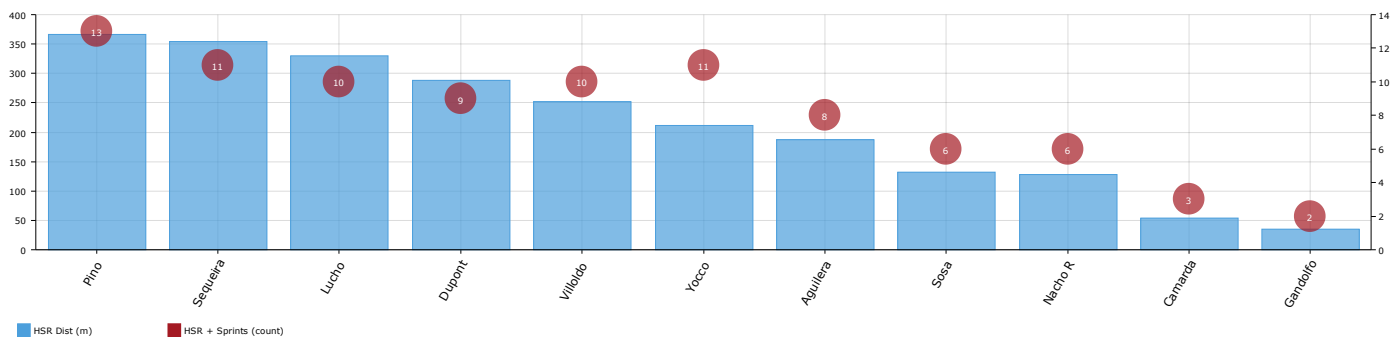
Density Pause:Exercise



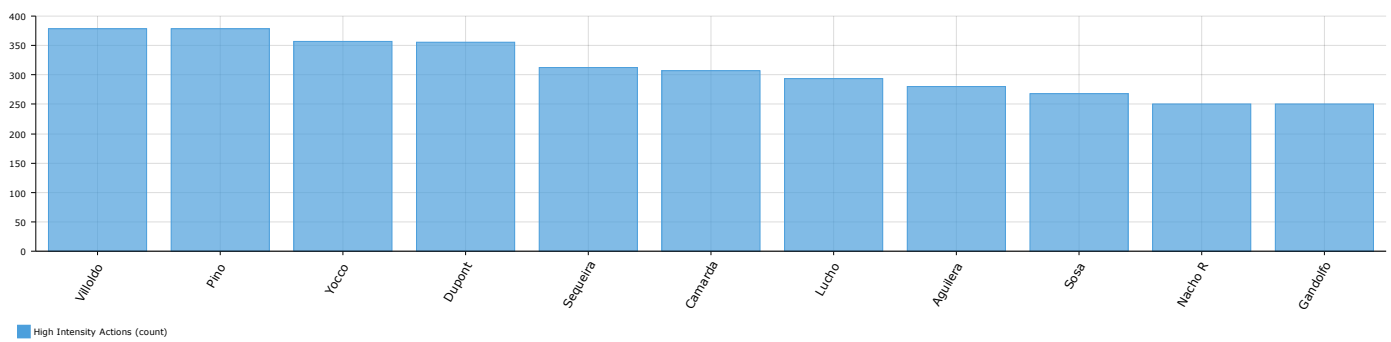
Distance



HSR



High Int Actions



Accelerations And Decelerations

