



# Central Español

Report


## Team Report

Date

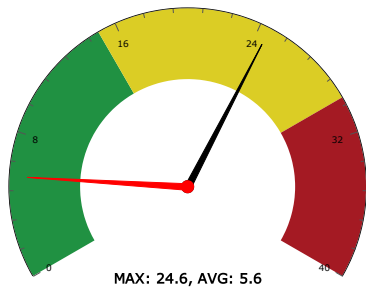
29-04-2026

Sessions

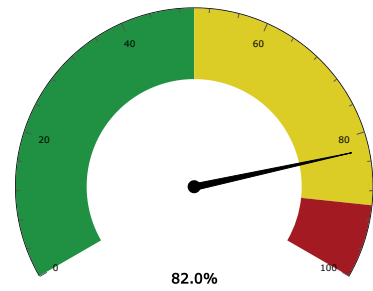
| Session       | Start Date | End Date | Match Day | Players |
|---------------|------------|----------|-----------|---------|
| Tension 29-04 | 09:18:02   | 10:41:49 |           | 17      |

| Name  | Duration | Dist    | PL    | HIA    | HSR   | MaxSp | MaxAcc | Acc&Dec | HSR + Sprint | RPE  |
|---|----------|---------|-------|--------|-------|-------|--------|---------|--------------|------|
| FIELD PLAYER Tactical   | 52       | 4257.52 | 56.55 | 291.53 | 46.72 | 24.56 | 5.17   | 285.71  | 4.76         | 0.00 |
|   | 52       | 4257.52 | 56.55 | 291.53 | 46.72 | 24.56 | 5.17   | 285.71  | 4.76         | 0.00 |
|  Aguilera     | 53       | 4604    | 71    | 393.00 | 50    | 27.2  | ↑ 4.92 | 384     | 5            | 0    |
|  Dupont       | 52       | 5005    | 68    | 327.00 | 44    | 26.6  | ↑ 5.79 | 325     | 5            | 0    |
|  Gandolfo     | 53       | 4593    | 66    | 359.00 | 43    | 25.5  | ↑ 4.93 | 349     | 5            | 0    |
|  Lucho        | 53       | 3960    | 50    | 283.00 | 48    | 24.4  | ↑ 5.00 | 279     | 6            | 0    |
|  Montiel      | 53       | 4429    | 54    | 311.00 | 98    | 24.7  | ↑ 5.20 | 308     | 10           | 0    |
|  Muniz        | 53       | 4456    | 71    | 313.00 | 31    | 23.0  | ↑ 4.56 | 311     | 3            | 0    |
|  Munoz        | 53       | 4573    | 58    | 278.00 | 51    | 25.3  | ↑ 5.80 | 270     | 5            | 0    |
|  Nacho R      | 53       | 3628    | 40    | 205.00 | 43    | 24.0  | ↑ 4.75 | 205     | 4            | 0    |
|  Navarro      | 52       | 4880    | 70    | 356.00 | 69    | 23.5  | ↑ 5.89 | 353     | 7            | 0    |
|  Pino         | 52       | 4384    | 59    | 331.00 | 55    | 24.0  | ↑ 5.25 | 327     | 4            | 0    |
|  Sanchez      | 53       | 4090    | 56    | 218.00 | 56    | 25.5  | ↑ 5.22 | 214     | 6            | 0    |
|  Sequeira     | 53       | 4137    | 57    | 303.00 | 50    | 26.3  | ↑ 4.53 | 291     | 6            | 0    |
|  Sosa         | 36       | 2954    | 36    | 212.00 | 31    | 23.8  | ↑ 5.00 | 207     | 3            | 0    |
|  Tarragona    | 53       | 3349    | 43    | 149.00 | 25    | 23.9  | ↑ 4.63 | 142     | 2            | 0    |
|  Urrutia     | 53       | 3773    | 42    | 308.00 | 7     | 21.8  | ↑ 4.59 | 303     | 1            | 0    |
|  Villoldo   | 52       | 3797    | 53    | 264.00 | 38    | 23.6  | ↑ 6.37 | 259     | 4            | 0    |
|  Wasilewski | 69       | 5764    | 67    | 346.00 | 56    | 24.5  | ↑ 5.37 | 330     | 5            | 0    |

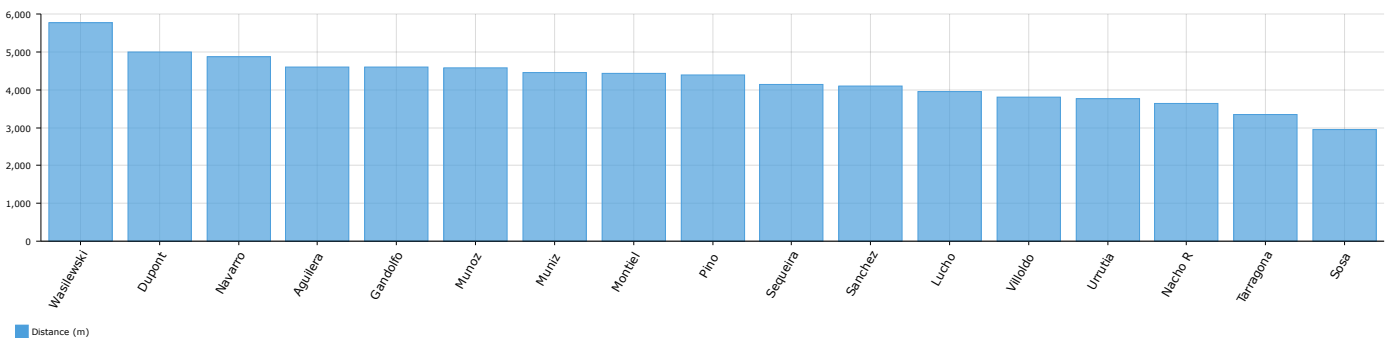
Max And AVG Speed (Km/H)



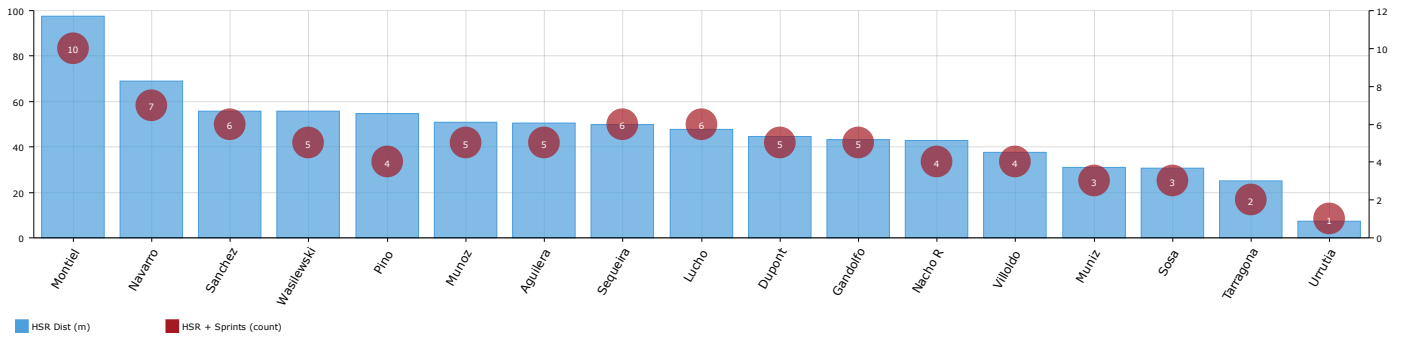
Density Pause:Exercise



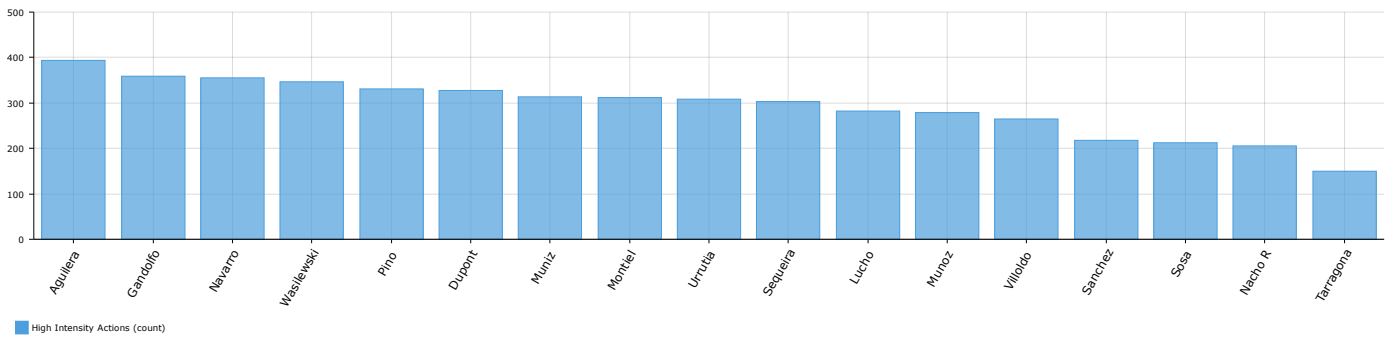
Distance



## HSR



## High Int Actions



## Accelerations And Decelerations

